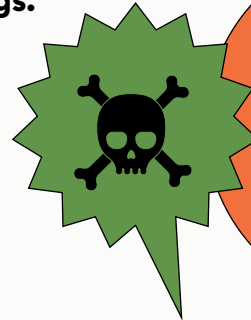


Your **NYCHA** Home Affects Your Health!

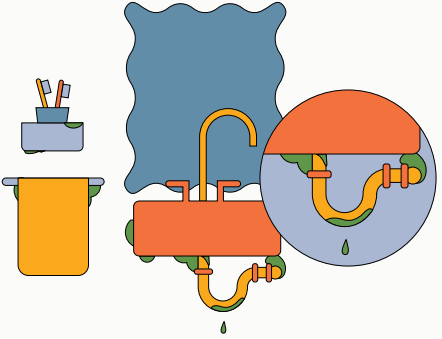



Mold, lead, and pests are common problems found inside buildings.

They can be dangerous and end up causing serious long-term health problems, including respiratory issues like asthma, and learning disabilities.

Many NYCHA apartments have mold, lead, or pest issues. NYCHA has neglected to fix these issues for many years, which has led to longer lasting issues in apartments, and more health problems for residents.



Hold NYCHA accountable for making sure you have a healthy home!

Mold	Signs of mold in your home:
 <p>Mold can grow anywhere there is moisture, like where there are leaks, or under a sink.</p>	<ul style="list-style-type: none"> • Feeling sick or experiencing breathing issues without cold symptoms. • Seeing mold spores, or notice a musty or damp smell. • Sometimes you may not see it because it's growing under a surface, behind walls, or in a part of your house you don't see much (like the air ducts) or behind the plaster or drywall in your walls.
Lead	Signs of lead in your home:
 <p>Lead is a poison that can't be seen or smelled, but can be found in paint on the walls or ceilings, or in your drinking water.</p>	<ul style="list-style-type: none"> • You can't tell if your home has lead in it just by looking at it! You have to get it tested by NYCHA to find out.  <p>If you have young children, get your apartment tested!</p>
Pests	Signs of pests in your home:
 <p>Common pests include mice and rats, roaches, bedbugs, and other insects.</p>	<ul style="list-style-type: none"> • Pests are attracted to food, trash, and moisture. • Droppings, bites, or dead pests. • Chewed up food packages.

Health Effects

Mold



- Causes breathing problems, and makes allergies and asthma worse.
- Is linked to chronic headaches, fever, nausea and vomiting, and sore throats.
- Is especially dangerous for children, the elderly, and people who are sick.

Lead



- Causes developmental problems in children.
- Causes behavioral, nervous system, heart, and muscle problems in people.
- There is no safe level of lead. Any exposure at all is dangerous.

Pests



- Cause many problems, like making asthma worse and spreading other infectious diseases.
- Pesticides can also be harmful to your health.

What can you do about it?

There are some things you can do to prevent your exposure to mold, lead, and pests.

Mold

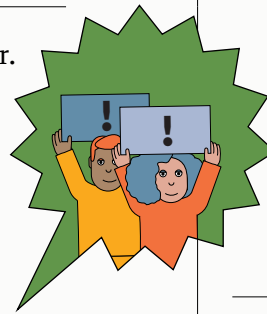
- Check moist areas of your house, like kitchens, bathrooms, and behind the fridge/stove, for mold.
- Make sure your apartment has good ventilation to keep things dry.
- Clean mold on hard surfaces with antibacterial soap and water, but soft surfaces like carpet need to be replaced and the moisture source has to be removed!

Lead

- Keep away from peeling paint and broken plaster.
- Get your apartment tested by NYCHA.

Pests

- Keep garbage in sealed bags or containers and remove it from your home every day.
- Store food in sealed containers.



Tips from other residents

Hold NYCHA Accountable

- Put a ticket in to NYCHA about your mold, lead, or pest issues.
- Keep a record of your calls to NYCHA and take photos of any maintenance that NYCHA does.
- If you have young children, tell NYCHA! There are laws that say NYCHA must inspect your home for lead paint if there is a child living there under 6 years old.

If NYCHA isn't solving your problem

- 1 For mold, contact the Mold and Leak Ombudsperson Call Center at 888.341.7152
- 2 For systemic issues, get in touch with your neighbors and contact the Federal Monitor together:

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